



# New York Military Academy

## FULL DAY SCHEDULE - 2019-2020 Academic Year

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Wake Up Personal Hygiene</b> 6:15-7:15	<b>Wake Up /PT Personal Hygiene</b> 6:00-7:15	<b>Wake Up Personal Hygiene</b> 6:15-7:15	<b>Wake Up/PT Personal Hygiene</b> 6:00-7:15	<b>Wake Up Personal Hygiene</b> 6:15-7:15
<b>Formation &amp; 1<sup>st</sup> Mess</b> 7:20-7:50	<b>Formation &amp; 1<sup>st</sup> Mess</b> 7:20-7:50	<b>Formation &amp; 1<sup>st</sup> Mess</b> 7:20-7:50	<b>Formation &amp; 1<sup>st</sup> Mess</b> 7:20-7:50	<b>Formation &amp; 1<sup>st</sup> Mess</b> 7:20-7:50
<b>Academic Day</b> 8:00-3:30	<b>Academic Day</b> 8:00-3:30	<b>Academic Day</b> 8:00-3:15	<b>Academic Day</b> 8:00-3:30	<b>Academic Day</b> 8:00-3:30
<b>Athletics</b> 3:45-5:30	<b>Athletics</b> 3:45-5:30	<b>Athletics</b> 3:30-5:00	<b>Athletics</b> 3:45-5:30	<b>Athletics</b> 3:45-5:30
<b>Formation &amp; 3<sup>rd</sup> Mess</b> 6:00-6:45	<b>Formation &amp; 3<sup>rd</sup> Mess</b> 6:00-6:45	<b>Formation &amp; 3<sup>rd</sup> Mess</b> 6:00-6:45	<b>Formation &amp; 3<sup>rd</sup> Mess</b> 6:00-6:45	<b>Formation &amp; 3<sup>rd</sup> Mess</b> 6:00-6:45
<b>Supervised Study Period</b> 7:00-9:00	<b>Supervised Study Period</b> 7:00-9:00	<b>Supervised Study Period</b> 7:00-9:00	<b>Supervised Study Period</b> 7:00-9:00	<b>Weekend Activities</b> 6:50-9:45
<b>Evening Prep Time</b> 9:00-10:00	<b>Evening Prep Time</b> 9:00-10:00	<b>Evening Prep Time</b> 9:00-10:00	<b>Evening Prep Time</b> 9:00-10:00	<b>Evening Prep Time</b> 9:50-10:30
<b>Lights Out</b> 10:00	<b>Lights Out</b> 10:00	<b>Lights Out</b> 10:00	<b>Lights Out</b> 10:00	<b>Lights Out</b> 10:30