

NYMA Weekly Athletics Practice Schedule

2018-2019

Week of January 28th-February 3rd

| | Bowling | Cheerleading | JV Boys Bball | VG Bball | VB Bball | Rifle | Swimming | Wrestling | Middle School |
|------------------|----------------------------|---------------------------------|---------------|----------------------------|---------------------------------|-----------------------------|----------------------------|----------------------------|----------------------------|
| | Pat Tarsio Lanes | Weight Room | Alumni Gym | Alumni Gym | Alumni Gym | Patillo Hall | Patillo Hall | Alumni Gym | Basketball |
| Monday | 4:00-5:30PM | vs. Poughkeepsie Day | 7:00-9:00PM | @Poughkeepsie Day | vs. Poughkeepsie Day | 4:00-5:30PM | 4:00-5:15PM | 7:00-9:00PM | @Poughkeepsie Day |
| 1/28/2019 | <i>Shuttle Leaves 4PM</i> | 4:00PM Game | | 5:00PM Game | 4:00PM Game | <i>Range - Patillo Hall</i> | <i>Pool - Patillo Hall</i> | | 4:00PM Game |
| | | | | <i>Bus Leaves @3:30PM</i> | | | | | <i>Bus Leaves @3:00PM</i> |
| Tuesday | 4:00-5:30PM | 4:00-5:30PM | 7:00-9:00PM | vs. Poughkeepsie Day | 7:00-9:30PM | 4:00-5:30PM | 4:00-5:15PM | 7:00-9:00PM | OFF |
| 1/29/2019 | <i>Shuttle Leaves 4PM</i> | | | 4:00PM Game | Weight Room - 6:45PM | <i>Range - Patillo Hall</i> | <i>Pool - Patillo Hall</i> | | |
| | | | | <i>Cancelled - Weather</i> | | | | | |
| Wednesday | @Pat Tarsio Lanes | vs. Oakwood Friends | 4:00-5:30PM | vs. Oakwood Friends | @Oakwood Friends | 3:00-5:00PM | 4:00-5:15PM | @Woodhall | vs. San Miguel |
| 1/30/2019 | Game @4:00PM | 3:30PM Game | | 3:30PM Game | 3:30PM Game | <i>Range - Patillo Hall</i> | <i>Pool - Patillo Hall</i> | 3:00PM Match | 5:00PM Game |
| | <i>Bus Leaves @3:00PM</i> | <i>Cancelled - Weather</i> | | <i>Cancelled - Weather</i> | <i>Bus Leaves @2:00PM</i> | | | <i>Bus Leaves @1:00pm</i> | <i>Cancelled - Weather</i> |
| | <i>Cancelled - Weather</i> | | | | <i>Cancelled - Weather</i> | | | <i>Cancelled - Weather</i> | |
| Thursday | 4:00-5:30PM | NO PRACTICE | 7:00-9:00PM | vs. Marvelwood | 7:00-9:30PM | 4:00-5:30PM | 4:00-5:15PM | 7:00-9:00PM | OFF |
| 1/31/2019 | <i>Fitness Room/Gym</i> | <i>Fitness Room/Gym</i> | | 4:00PM Game | | <i>Range - Patillo Hall</i> | <i>Pool - Patillo Hall</i> | | |
| Friday | 4:00-5:15PM | vs. Springfield Commonwealth | OFF | 7:00-9:00PM | vs. Springfield Commonwealth | 4:00-5:30PM | 4:00-5:15PM | OFF | OFF |
| 2/1/2019 | <i>Pool - Patillo Hall</i> | 4:30PM Game | | | 4:30PM Game | <i>Range - Patillo Hall</i> | <i>Pool - Patillo Hall</i> | | |
| Saturday | OFF | vs. Upper Room Christian (L.I.) | OFF | @Putnam Science Acad | vs. Upper Room Christian (L.I.) | OFF | OFF | OFF | OFF |
| 2/2/2019 | | 3:00PM Game | | 2:30PM Game | 3:00PM Game | | | | |
| | | | | <i>Bus Leaves @10:30AM</i> | | | | | |
| Sunday | OFF | OFF | OFF | @Redemption Christian Acad | @Redemption Christian Acad | OFF | OFF | TBD | OFF |
| 2/3/2019 | | | | 12:30PM Game | 2:00PM Game | | | | |
| | | | | <i>Bus Leaves @9:00AM</i> | <i>Bus Leaves @9:00AM</i> | | | | |