



New York Military Academy  
**CONTACTS AND PERMISSION TO TREAT**  
(Must be Signed by a Parent/Guardian • Infirmary fax 845-534-5132)

**Student's Full Name:** \_\_\_\_\_  
Last First Middle Initial

Address: \_\_\_\_\_  
Street City / Town State Zip Country

Sex:  M  F Date of birth: \_\_\_\_\_  
Month Day Year

All of the information on this form is confidential and will be used only for the purpose of evaluating your child's health status and facilitating medical diagnosis, care, and/or treatment and the processing of insurance claims in connection therewith.

**CONTACTS**

Mother's Name \_\_\_\_\_ Father's Name \_\_\_\_\_  
Home Phone \_\_\_\_\_ Home Phone \_\_\_\_\_  
Cell \_\_\_\_\_ Cell \_\_\_\_\_  
Work Phone \_\_\_\_\_ Work Phone \_\_\_\_\_  
Email \_\_\_\_\_ Email \_\_\_\_\_

**ALTERNATE EMERGENCY CONTACT OTHER THAN PARENTS**

Name \_\_\_\_\_ Relation \_\_\_\_\_  
Home Phone \_\_\_\_\_ Cell \_\_\_\_\_ Work Phone \_\_\_\_\_

**PRIMARY CARE PHYSICIAN**

Physician's Name \_\_\_\_\_ Phone \_\_\_\_\_  
Date of Last Physical \_\_\_\_\_ Last Date of Tetanus \_\_\_\_\_

**MEDICAL INFORMATION**

Allergies: \_\_\_\_\_  
Medications: \_\_\_\_\_

**PSYCHOLOGICAL INFORMATION**

Has student ever received or is presently receiving counseling? NO \_\_\_\_\_ YES \_\_\_\_\_ If yes, dates: \_\_\_\_\_

If yes, please provide a letter stating condition and progress in detail and medications.

**INSURANCE INFORMATION**

A photocopy (front and back) of students insurance card. Insurance plan must be able to cover student in the state of New York.

**PERMISSION TO TREAT**

I hereby give consent for the Medical Staff of New York Military Academy to carry out accepted procedures for diagnosis, immunizations, medical and minor surgical treatment, to give my child daily medications or medications as needed in the health office, and have access to all medical records.

I authorize the Medical Staff & School Officials of New York Military Academy to take any action believed necessary for the best interest of my child including routine medical and emergency room treatment by any hospital staff, surgeon, physician, radiologist or dentist, and any counseling or psychological evaluation.

Signature of Parent or Guardian \_\_\_\_\_ Date \_\_\_\_\_



New York Military Academy

# Immunization/Health History and Physical Exam Form

(Must be Signed by a Parent/Guardian and a Physician • Can be Substituted with an Equivalent Form • Infirmary fax 845-534-5132)

Student's Full Name: \_\_\_\_\_  
Last First Middle Initial

Sex:  M  F Date of birth: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Month Day Year Home Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_  
Street City / Town State Zip Country

## IMMUNIZATIONS / HEALTH HISTORY

Immunization record attached Sickle Cell Screen:  Positive  Negative  Not done Date: \_\_\_\_\_  
 No immunizations given today PPD:  Positive  Negative  Not done Date: \_\_\_\_\_  
 Immunizations given since last Health Appraisal: Elevated Lead:  Yes  No  Not done Date: \_\_\_\_\_  
Dental Referral  Yes  No  Not done Date: \_\_\_\_\_

Significant Medical/Surgical History: \_\_\_\_\_

Allergies:  LIFE THREATENING  Food: \_\_\_\_\_  Insect: \_\_\_\_\_  Other: \_\_\_\_\_  
 Seasonal  Medication: \_\_\_\_\_

## PHYSICAL EXAM

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_ Date of Exam: \_\_\_\_\_  
*Referral*

Body Mass Index: _____ . _____	Vision - without glasses/contact lenses	R	L	<input type="checkbox"/> Y <input type="checkbox"/> No
Weight Status Category (BMI Percentile): <input type="checkbox"/> less than 5 <sup>th</sup> <input type="checkbox"/> 5 <sup>th</sup> through 49 <sup>th</sup> <input type="checkbox"/> 50 <sup>th</sup> through 84 <sup>th</sup> <input type="checkbox"/> 85 <sup>th</sup> through 94 <sup>th</sup> <input type="checkbox"/> 95 <sup>th</sup> through 98 <sup>th</sup> <input type="checkbox"/> 99 <sup>th</sup> and higher	Vision - with glasses/contact lenses	R	L	<input type="checkbox"/> Y <input type="checkbox"/> No
	Vision - Near Point	R	L	<input type="checkbox"/> Y <input type="checkbox"/> No
	Hearing <input type="checkbox"/> Pass 20 db sc both ears or:	R	L	<input type="checkbox"/> Y <input type="checkbox"/> No

EXAM ENTIRELY NORMAL Tanner: I. II. III. IV. V. Scoliosis:  Negative  Positive: \_\_\_\_\_

Specify any abnormality (use reverse of form if needed): \_\_\_\_\_

## MEDICATIONS

Medications (list all): \_\_\_\_\_  
Each medication that is prescribed or taken regularly **must** be accompanied by a Prescription Medication Authorization Form

## PHYSICAL EDUCATION / SPORTS

Free from contagions & physically qualified for all physical education, sports, military & school activities OR only as checked:

\_\_\_ Limited contact: cheerlead, gymnastics, ski, volleyball, cross-country, handball, fence, baseball, floor hockey, softball.

\_\_\_ Non-contact: badminton, bowl, golf, swim, table tennis, tennis, archery, riflery, weight train, crew, dance, track, run, walk, rope jump.

Specify medical accommodations needed for school: \_\_\_\_\_  None

Known or suspected disability: \_\_\_\_\_  Please monitor

Restrictions: \_\_\_\_\_  Please monitor

Protective equipment required:  Athletic Cup  Sport goggles/impact resistant eyewear  Other: \_\_\_\_\_

## OPTIONAL INFORMATION, if known

Specify current diseases:  Asthma Diabetes:  Type 1  Type 2  Hyperlipidemia  Hypertension  
 Other: \_\_\_\_\_

Provider's Signature: \_\_\_\_\_ Phone: \_\_\_\_\_

Provider's Name/Address: \_\_\_\_\_ Fax: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_



New York Military Academy  
**OVER-THE-COUNTER (OTC) MEDICATION AUTHORIZATION FORM**  
 (Must be Completed and Signed by a Parent/Guardian and a Physician • Infirmary fax 845-534-5132)

**Student's Full Name:** \_\_\_\_\_  
Last First Middle Initial

Sex:  M  F      Date of birth: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Month Day Year      Weight: \_\_\_\_\_

List Allergies: \_\_\_\_\_

Describe reaction: \_\_\_\_\_

Over-the-counter (OTC) medications are drugs that do not require a prescription to purchase. In New York State a licensed prescriber's (Physician, Dentist, Nurse Practitioner, Physician Assistant, etc.) order is required for any medications including OTC and prescribed drugs to be administered at school by the school nurse.

This form must be completed in full and submitted before any OTC medications may be administered to a student. New York Military Academy (NYMA) maintains a limited stock of OTC medications available in the infirmary for **occasional or short-term** use. Any OTC drugs requiring **frequent or daily** administration should be provided by the parent, in the original labeled container, and must be accompanied by this form. This form is valid only for the current school year or summer.

*Please check "yes" or "no" to authorize designated NYMA staff to administer the following medications to this student while on campus. OTC medications are administered per manufacturer's directions according to age and/or weight unless a licensed prescriber provides other written directives. The following OTC medications are stocked by NYMA and are generic versions of the brand names listed. If a specific brand is required it must be provided to the infirmary by the student's parent(s).*

OTC medication administered per manufacturer's directions	Indications	Yes	No	Comments
Acetaminophen (Tylenol)	Pain reliever/ fever reducer	<input type="checkbox"/>	<input type="checkbox"/>	
Ibuprofen (Advil, Motrin)	Pain reliever/ fever reducer	<input type="checkbox"/>	<input type="checkbox"/>	
Acetaminophen/Pamabrom (Midol Teen)	Menstrual cramps	<input type="checkbox"/>	<input type="checkbox"/>	
Acetaminophen/Aspirin/Caffeine (Excedrin Extra Strength)	Pain reliever/fever reducer	<input type="checkbox"/>	<input type="checkbox"/>	
Acetaminophen/Dextromethorphan/Guaifenesin/Phenylephrine (Sudafed PE)	Pain reliever/fever reducer, cough and congestion	<input type="checkbox"/>	<input type="checkbox"/>	
Guaifenesin (Mucinex, Robitussin)	Nasal and sinus congestion	<input type="checkbox"/>	<input type="checkbox"/>	
Dextromethorphan/Guaifenesin (Mucinex DM)	Nasal and sinus congestion, Cough	<input type="checkbox"/>	<input type="checkbox"/>	
Cough drops or throat lozenges	Cough/Throat irritation	<input type="checkbox"/>	<input type="checkbox"/>	
Phenol (Chloraseptic spray)	Throat irritation	<input type="checkbox"/>	<input type="checkbox"/>	
Benzocaine (Orajel, Sting relief swabs)	Toothache, Insect stings	<input type="checkbox"/>	<input type="checkbox"/>	
Diphenhydramine (Benadryl and Benadryl Spray)	Allergic reactions (hives, rashes, insect bites, upper respiratory reactions)	<input type="checkbox"/>	<input type="checkbox"/>	
Cetirizine Hydrochloride (Zyrtec)	Seasonal allergies	<input type="checkbox"/>	<input type="checkbox"/>	
Loratadine (Claritin)	Seasonal allergies	<input type="checkbox"/>	<input type="checkbox"/>	
Ketotifen eye drops (Zaditor)	Eye itching and irritation	<input type="checkbox"/>	<input type="checkbox"/>	



New York Military Academy

## OVER-THE-COUNTER (OTC) MEDICATION AUTHORIZATION FORM

(Must be Completed and Signed by a Parent/Guardian and a Physician • Infirmary fax 845-534-5132)

OTC medication administered per manufacturer's directions	Indications	Yes	No	Comments
Tetrahydrozoline eye drops (Visine)	Eye irritation and redness	<input type="checkbox"/>	<input type="checkbox"/>	
Calcium Carbonate (Tums)	Heartburn, acid reflux	<input type="checkbox"/>	<input type="checkbox"/>	
Bismuth Subsalicylate (Pepto-bismol)	Diarrhea, Heartburn, Upset stomach	<input type="checkbox"/>	<input type="checkbox"/>	
Loperamide Hydrochloride (Imodium)	Diarrhea	<input type="checkbox"/>	<input type="checkbox"/>	
Simethicone (Gas-X)	Abdominal pressure, fullness, bloating	<input type="checkbox"/>	<input type="checkbox"/>	
Senna (Senokot, Ex-lax)	Constipation	<input type="checkbox"/>	<input type="checkbox"/>	
Calamine lotion	Skin irritation and itching	<input type="checkbox"/>	<input type="checkbox"/>	
Benzalkonium/Lidocaine spray (Bactine)	First aid antiseptic, Pain relief for minor cuts, scrapes, and burns	<input type="checkbox"/>	<input type="checkbox"/>	
Bacitracin/Neomycin/Polymycin B ointment (Neosporin, Triple antibiotic)	Prevent infection of minor cuts, scrapes, and burns	<input type="checkbox"/>	<input type="checkbox"/>	
Menthol USP topical gel (Biofreeze, Icy Hot)	Cooling relief for muscle pain	<input type="checkbox"/>	<input type="checkbox"/>	
Sunscreen	Prevent sunburn	<input type="checkbox"/>	<input type="checkbox"/>	
Deet-free Insect Repellent	Prevent insect bites	<input type="checkbox"/>	<input type="checkbox"/>	

*Please add any other OTC medications that will be provided by the parent(s) for this student. Do not include prescription medications in this location.*

OTC medication administered per manufacturer's directions	Indications:	Comments

I give permission for the medication(s) listed above to be administered to this student on an as needed basis to be determined by the school nurse's assessment. Should this student develop any condition or begin taking medication that would affect the ability to take any of the above medications safely or need to terminate the use of this medication for any reason a parent or guardian will notify the school nurse immediately.

Parent/Guardian's Name (Please Print): \_\_\_\_\_

Parent/Guardian's Signature: \_\_\_\_\_

Physician's Name: \_\_\_\_\_

Physician's Signature: \_\_\_\_\_



New York Military Academy  
**PRESCRIPTION MEDICATION AUTHORIZATION FORM**

(Must be Completed and Signed by a Parent/Guardian and a Physician • Infirmary fax 845-534-5132 )

Student's Full Name: \_\_\_\_\_  
Last First Middle Initial

Sex:  M  F Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Allergies: \_\_\_\_\_ Epi-Pen:  Yes  No  
Month Day Year

In New York State a licensed prescriber's (Physician, Dentist, Nurse Practitioner, Physician Assistant, etc.) order is required for any medications to be administered at school by the school nurse. This form must be completed in full by the licensed prescriber for any medications that will be given at school. **A separate form must be completed for each prescribed medication.** Any change in the medication administration requires submission of an updated form (ex. Change in dosage or time of administration). This form should be used for any Over the Counter (OTC) medications that are used frequently or daily (ex. daily allergy medications such as claritin or zyrtec).

*All medication must be submitted to the school nurse in the original container provided and labeled by the pharmacy that filled the prescription. "Sample" and OTC medications should be in their original container that appropriately identifies the contents.*

Medication:	Dosage:
Purpose of Medication:	Route:
Time of day:	Is this medication PRN? Yes          No
Anticipated number of days medication will be given at school: until end of current school year ____ weeks ____ days	If yes, specify when indicated (signs/symptoms):  Frequency: Is this Medication a controlled substance?  Yes          No
Possible side effects:	
Self-carry/Self-administration of emergency medication such as inhalers and EpiPens must be authorized by the prescriber and approved by the school nurse according to the State Medication Policy:	
Prescriber's authorization for self-carry/self-administration _____ <div style="display: flex; justify-content: space-around; width: 100%;"> <span>Signature</span> <span>Date</span> </div>	
School Nurse (RN) approval for self-carry/self-administration _____ <div style="display: flex; justify-content: space-around; width: 100%;"> <span>Signature</span> <span>Date</span> </div>	

\_\_\_\_\_  
Prescribing Health Care Provider's Signature Date

Stamp, Print or Type Health Care Provider's Name & Address	Office Phone Number
	Office Fax Number

**Section to be completed by child's parent or guardian**

I give permission for my child \_\_\_\_\_, to be given the above named medication as prescribed. I give permission for New York Military Academy's Medical staff and school officials to contact the health care provider named above or the pharmacist who filled the prescription to discuss this medication and my child's health. I give permission for the health care provider named above, the pharmacist, and/or their designated employees to provide information about this medication and my child's health to New York Military Academy's Medical staff and school officials. I understand that the school requires I agree to the school rules about medications before this medication will be given at school. I understand that I am responsible to notify the school if my child's medications change in any way.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## NYMA Media Consent and Release

Cadet Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_

Preferred Name: \_\_\_\_\_ Date of Birth \_\_\_\_\_

As a parent or guardian of this student, I grant New York Military Academy and its agents and employees the irrevocable and unrestricted right to reproduce the photographs and/or video images taken of this student, myself, or other members of my family for the purpose of publication, promotion, illustration, advertising, or trade, in any manner or in any medium. I hereby release New York Military Academy and its legal representatives from all claims and liability relating to said images. Furthermore, I grant permission to use my statements that were given during an interview or guest lecture with or without my name, for the purpose of advertising and publicity without restriction. I waive my right to any compensation.

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*Parent/Guardian Signature*

*Date*

*Relation to the Cadet*