



New York Military Academy

FULL DAY SCHEDULE – 2010-11 Academic Year

Monday	Tuesday	Wednesday	Thursday	Friday
Wake Up 6:00	Wake Up 6:00	Wake Up 6:00	Wake Up 6:00	Wake Up 6:00
Physical Training (PT) 6:05-6:35	Physical Training (PT) 6:05-6:35	Clean-Up & Chores 6:05-7:10	Physical Training (PT) 6:05-6:35	Physical Training (PT) 6:05-6:35
Clean-Up & Chores 6:40-7:10	Clean-Up & Chores 6:40-7:10		Clean-Up & Chores 6:40-7:10	Clean-Up & Chores 6:40-7:10
Sick Call 7:10-7:45	Sick Call 7:10-7:45	Sick Call 7:10-7:45	Sick Call 7:10-7:45	Sick Call 7:10-7:45
Formation & 1st Mess 7:15-7:55	Formation & 1st Mess 7:15-7:55	Formation & 1st Mess 7:15-7:55	Formation & 1st Mess 7:15-7:55	Formation & 1st Mess 7:15-7:55
Advisory 8:00-8:10	Advisory 8:00-8:10	Advisory 8:00-8:10	Advisory 8:00-8:10	Advisory 8:00-8:10
Academic Day 8:15-3:20	Academic Day 8:15-3:20	Academic Day 8:15-3:00	Academic Day 8:15-3:20	Academic Day 8:15-3:25
Athletics 3:45-5:30	Athletics 3:45-5:30	Athletics 3:45-5:30	Athletics 3:45-5:30	Athletics 3:45-5:30
Formation & 3rd Mess 6:00-6:45	Formation & 3rd Mess 6:00-6:45	Formation & 3rd Mess 6:00-6:45	Formation & 3rd Mess 6:00-6:45	Formation & 3rd Mess 6:00-6:45
Free Time 6:45-7:20	Free Time 6:45-7:20	Free Time 6:45-7:20	Interfaith Service 6:45-7:20	Free Time 6:45-7:20
Study Hall 7:30-9:30	Study Hall 7:30-9:30	Study Hall 7:30-9:30	Study Hall 7:30-9:30	Study Hall 7:30-9:30
Clean-Up & Chores 9:30-10:00	Clean-Up & Chores 9:30-10:00	Clean-Up & Chores 9:30-10:00	Clean-Up & Chores 9:30-10:00	Clean-Up & Chores 9:30-10:00
Lights Out 10:00	Lights Out 10:00	Lights Out 10:00	Lights Out 10:00	Lights Out 10:00